

## NOTES

### Atlantic School of Discipleship PARTICIPANT NOTES November 2025

Session 2 November 25, 2025

#### REVIEW

Basic Assumptions

What does following mean?

Gentleness with Yourself & Others

#### DISCIPLESHIP IS ABOUT LIFE:

How it impacts our decisions, words, & actions in daily living

Tools/exercises that can help us clarify the faith & theological resources

*When we are clear about what is moving us, we are better equipped to share that with others.*

#### STORYTELLING

Recall someone from your past or present who tells *great* stories – what makes them memorable

#### Qualities of Memorable Story Telling

- Interactive
- Not a list of facts
- Share important aspects
- Can have different forms
- Information & emotion
- How & why life changes
- Storyteller controls facts
- Listener needs to care

When we move to talking about story it helps to clarify some language

- Myths?
- Myth vs Fact?
- Truth?

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### The Household of Faith

